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From: Beshara, Colette

Sent: Friday, August 06, 2004 11:40 AM

To: Beshara, Colette

Subject: A DPCP FYI-8/6/04

Welcome to the August 6th edition of the DPCP FYI. Each FYI is received by over 300 diabetes care providers in and around South Dakota. If you have trouble with the attachments or links, the e-Bulletin is also posted on the Diabetes Prevention & Control Program website at <http://diabetes.sd.gov> under "DPCP FYI". If you have suggestions for improvement to the DPCP FYI or if I can otherwise be of assistance, please let me know. Colette

Educational Resources for Native American clients

If you are in need of educational resources for Native American clients with diabetes, the Indian Health Service has a catalog at <http://www.ihs.gov/MedicalPrograms/diabetes/resources/rde/index.cfm?module=catalog>. The DPCP has varying quantities of some materials in the Pierre office (see attachment) and will mail to you without charge.

Update on Cholesterol Guidelines: More-Intensive Treatment Options for Higher Risk Patients

National Heart, Lung, and Blood Institute, American College of Cardiology, and American Heart Association Endorse Report

A 2004 update to the National Cholesterol Education Program's (NCEP) clinical practice guidelines on cholesterol management advises physicians to consider new, more intensive treatment options for people at high and moderately high risk for a heart attack. These options include setting lower treatment goals for LDL ("bad") cholesterol and initiating cholesterol-lowering drug therapy at lower LDL thresholds.

The update,* published in the July 13 issue of *Circulation: Journal of the American Heart Association*, is endorsed by the National Heart, Lung, and Blood Institute (NHLBI), the American College of Cardiology, and the American Heart Association. The document is based on a review of 5 major clinical trials of statin therapy** conducted since the 2001 release of the NCEP's cholesterol guidelines known as the Adult Treatment Panel (ATP) III Report. NHLBI, a component of the National Institutes of Health, coordinates the NCEP.

"The recent trials add to the evidence that when it comes to LDL (bad) cholesterol, lower is better for persons with high risk for heart attack," said NHLBI Acting Director Barbara Alving, M.D. "These trials show a direct relationship between lower LDL cholesterol levels and reduced risk for major coronary events. So, it is important to consider more intensive treatment for people at very high risk," she added.

Complete information can be found at the National Heart Lung and Blood Institute at <http://www.nhlbi.nih.gov/>

All Women Count!

SD's *All Women Count!* program is a screening and intervention program for uninsured or underinsured women 30 to 64 years of age whose income is at or below the 200% federal poverty level. *All Women Count!* screens for breast and cervical cancer, heart disease and diabetes and offers four lifestyle intervention sessions per year to eligible women. The sessions provide information and resources on increasing physical activity and improving nutrition. You can refer potentially eligible women to 1-800-738-2301 for further information. Currently over 800 providers at 245 sites throughout South Dakota offer *All Women Count!* services. (See next page for eligibility guidelines)

Diabetes Meal Planning in Multiple Languages

Diabetes is becoming more prevalent across all ethnic groups. This Web site provides direct links to diabetes meal planning in multiple languages, including: Cambodian, Chinese, Korean, Filipino, Samoan, Somali, Vietnamese and Spanish. <http://www.metrokc.gov/health/reach/diabetes.htm>

Grants.gov

www.grants.gov allows organizations to electronically find and apply for competitive grant opportunities from all Federal grant-making agencies.

If you have been forwarded this message and would like to subscribe, please email colette.beshara@state.sd.us.

Colette Beshara, RN, BSN
Diabetes Prevention & Control Coordinator
SD Department of Health
615 E Fourth Street
Pierre, SD 57501
(605) 773-7046
(605) 773-5509 (fax)



All Women Count! Screening program **1-800-738-2301**

Eligibility Guidelines

Age

- Must meet age guidelines to qualify for the program:
- 30 – 64 years of age for cervical cancer screening (Pap test),* heart disease (cholesterol, two blood pressures) and diabetes screening (glucose test)
- 50 – 64 years of age for breast cancer screening (Mammogram)

Income

- Must meet income guidelines to qualify for program; currently set at 200% of federal poverty guideline
- Refer to the green sheet for current income allowances per family size

Insurance Status

- Must be un-insured or under-insured(co-payment, limited coverage, unmet deductible) to qualify for program
- Women with Medicare Part-B coverage should contact their Medicare providers for these services (not eligible for *All Women Count!*)
- Women with Medicaid coverage should contact their Medicaid providers for these services (not eligible for *All Women Count!*)

Residency

- Any woman who lives in South Dakota and meets income and age guidelines is eligible for the program.
- Any woman who lives outside the state but seeks her healthcare at an AWC! provider site and meets income and age guidelines is eligible for the program.

Screening

- Once determined eligible, a woman is referred to an *All Women Count!* participating provider in her area
- Once enrolled in the program, women are eligible for screening services every year, unless income or insurance status changes.